

**BLUE ASH ORAL & MAXILLOFACIAL SURGERY, INC.**

**Randall D. Stastny, DMD**

*Diplomat, American Board of Oral & Maxillofacial Surgery*

*Diplomat, National Dental Board of Anesthesiology*

**Pre-Operative Instructions for Patients Receiving General Anesthesia**

1. Please **do not eat or drink anything after midnight the night before your surgery.** (This includes water, coffee, gum, mints, etc.) This is for your safety and failure to follow these instructions will require us to reschedule your surgery.
2. You will need a **responsible adult to be here during your surgery, take you home and stay with you at home the remainder of the day.**
3. Please wear **loose comfortable clothing, flat shoes (no flip flops) and a short sleeve shirt.** It is also necessary that you do not wear any make-up or nail polish the day of surgery.
4. Research has shown that smokers have a higher risk of complications with surgery. Advanced research has also shown that stopping smoking 24 hours before surgery can significantly reduce these complications. Please limit, or do not smoke the day before your surgery.
5. Special Instructions: \_\_\_\_\_  
\_\_\_\_\_

**Instructions About Your Prescriptions**

*(The following are instructions for the more common prescriptions you may have been given)*

- LORTAB      Also known as Vicodin, Lorcet or Hydrocodone with APAP. This is a narcotic pain medicine which may be taken for severe pain. If the Motrin is not controlling your pain, take the Lortab in between Motrin doses so when one is wearing off the other is still working.
- MOTRIN      Also know as Ibuprofen, or the prescription strength of Advil. Take one pill the night before your surgery and one the morning of your surgery with a sip of water. Then take the rest of your pills four times a day as directed. It is important to take the Motrin regularly, as it needs to maintain a constant blood level to work best.
- PERIDEX      Also know as Perioguard or Chlorhexadine Gluconate 0.12%. Rinse with ½ oz. the night before surgery and again in the morning before your surgery. Then rinse twice daily until the bottle is gone starting the day after surgery.
- MEDROL      This is a steroid medication to help prevent swelling. Start after your surgery as soon as you are able to eat solid foods.

***If you have any questions please call our office at 513-984-2100***